

Śrīhanumānacālīsā

श्रीहनुमानचालीसा

दोहा (dohā)

श्रीगुरु चरन सरोज रज निज मनु मुकुरु सुधारि ।

बरनउँ रघुबर बिमल जसु जो दायकु फल चारि ॥ १ ॥

Śrīguru carana saroja raja nija manu mukuru sudhāri ।

baranauṁ Raghubara bimala jasu jo dāyaku phala cāri ॥1॥

With a spotless (serene) mind, purified by the dust of the lotus feet of Guru, I now (proceed to) describe the unblemished glory of Śrī Hanumān, the most exalted one of Raghu family, who is capable of bestowing the fourfold fruits on his devotees.

बुद्धिहीन तनु जानिके सुमिरौं पवनकुमार ।

बल बुद्धि विद्या देहु मोहिं हरहु कलेस बिकार ॥ २ ॥

buddhihīna tanu jānike sumirauṁ Pavanakumāra ।

bala buddhi vidyā dehu mohiṁ harahu kalesa bikāra ॥2॥

Knowing that I am ignorant, I pray to you (Hanumān), the son of Wind God, to bless me with strength, wisdom and discriminating knowledge. Banish (all) my afflictions.

चौपाई (caupāi)

जय हनुमान ज्ञान गुन सागर ।

जय कपीस तिहुँलोक उजागर ॥ १ ॥

jaya Hanumāna jñāna guna sāgara ।

jaya kapīsa tihūṁloka ujāgara ॥1॥

Victory to you, O Hanumān, who is an ocean of knowledge and virtues. Victory to you, O Hanumān, (Lord of the monkeys), who is well known in all the three worlds.

रामदूत अतुलित बलधामा ।

अञ्जनिपुत्र पवनसुत नामा ॥ २ ॥

Rāmadūta atulita baladhāmā |

Añjaniputra Pavanasuta nāmā ||2||

You are the envoy of Lord Rāma, an abode of incomparable strength, the son of Añjanā known with the name pavana-suta (son of wind God).

महावीर बिक्रम बजरङ्गी ।

कुमति निवार सुमति के सङ्गी

Mahābīra bikrama Bajarāṅgī |

kumati nivāra sumati ke saṅgī ||3||

You, with the body as hard (strong) as diamond, are a great warrior of incomparable valor; you are the remover of wicked thoughts, and (you) grant me the company of the wise.

कञ्चन बरन बिराज सुबेसा ।

कानन कुण्डल कुञ्चित केसा

kañcana barana birāja subesā |

kānana kuṇḍala kuñcita kesā ||4||

Your golden complexion shines more in attractive clothes (which you are wearing) and with the glittering earrings and (your) curly hair.

हाथ बज्र और ध्वजा बिराजै ।

काँधे मूँज जनेऊ साजै

hātha bajra aura dhvajā birājai |

kāṁdhe mūñja janeū sājai ||5||

You have the thunderbolt (in one hand) and the flag (in another), and the sacred thread across your shoulder made of Muñja grass decorates you.

सङ्करसुवन केसरीनन्दन ।

तेज प्रताप महा जग-बन्दन

Saṅkarasuvana Kesarīnandana |

teja pratāpa mahā jaga-bandana ||6||

You are an incarnation of Śiva and the son of Kesari. Everyone in this world respects you because of your lustre and great valor.

विद्यावान गुनी अति चातुर ।

रामकाज करिबे को आतुर ॥ ७ ॥

vidyāvāna gunī ati cātura ।

Rāmakāja karibe ko ātura

||7||

You are well versed in all the lores; you are full of virtues; you are highly intelligent. You are ever ready to carry out the missions of Lord Rāma.

प्रभु चरित्र सुनिबे को रसिया ।

राम लखन सीता मन बसिया

|| ८ ||

Prabhu caritra sunibe ko rasiyā ।

Rāma Lakhana Sītā mana basiyā

||8||

You (always take) delight in listening to the glories of Prabhu (Rāmachandra) and you have Lord Rāma, Lakṣmaṇa and Mother Sītā residing permanently in your heart.

सूक्ष्म रूप धरि सियाहिं दिखावा ।

बिकट रूप धरि लङ्क जरावा

|| ९ ||

sūkṣma rūpa dhari Siyahim dikhāvā ।

bikaṭa rūpa dhari Laṅka jarāvā

||9||

You assumed the minutest form (subtle form as small as an atom) when you revealed yourself to Mother Sītā, and by assuming a fierce form, you burnt down (the city of) Laṅkā.

भीम रूप धरि असुर सँहारे ।

रामचन्द्र के काज सँवारे

|| १० ||

Bhīma rūpa dhari asura saṁhāre ।

Rāmacandra ke kāja saṁvāre

||10||

Assuming a dreadful form to destroy the demons, you accomplished the mission of Lord Rāma.

लाय सजीवन लखन जियाये ।

श्रीरघुबीर हरषि उर लाये

|| ११ ||

lāya sajiavana Lakhana jiyāye ।

Śrīraghubīra haraṣi ura lāye

||11||

You fetched Sañjīvanī to revive Lakṣmaṇa (who had fainted on the battlefield) and made Lord Rāma happily embrace you.

रघुपति कीन्ही बहुत बडाई ।
तुम मम प्रिय भरतहि सम भाई ॥ १२ ॥

Raghupati kīnhī bahuta baḍāī ।
tuma mama priya Bharatahi sama bhāī ॥12॥

Lord Rāma praised (you) very highly and said, "You are as dear to me as my brother Bharata".

सहस बदन तुम्हरो जस गावैं ।
अस कहि श्रीपति कण्ठ लगावैं ॥१३॥

sahasa badana tumharo jasa gāvaim ।
asa kahi Śrīpati kaṅṭha lagāvaim ॥ 13॥

Embracing you, Lord Rāma said, " Even Śeṣa, the thousand headed serpent sings your glory".

सनकादिक ब्रह्मादि मुनीसा ।
नारद सारद सहित अहीसा ॥ १४ ॥

Sanakādika Brahmādi munīsā ।
Nārada Sārada sahita Ahīsā ॥14॥

The (great) sages like Sanaka etc, and gods like Brahma, Śeṣa (the king of Serpents), Nārada and Goddess Śāradā...

जम कुबेर दिगपाल जहाँ ते ।
कबि कोबिद कहि सके कहाँ ते ॥ १५ ॥

Jama Kubera Digapāla jahāñ te ।
kabi kobida kahi sake kahāñ te ॥15॥

Yama – the God of death, Kubera – the god of wealth, the eight regents (of the directions), poets and scholars have not been able to praise you adequately.

तुम उपकार सुग्रीवहिं कीन्हा ।
राम मिलाय राजपद दीन्हा ॥ १६ ॥

tuma upakāra Sugrīvahim kīnhā ।
Rāma milāya rājapada dīnhā ॥16॥

You helped Sugrīva in regaining his (lost) kingdom by having him meet Lord Rāma.

तुम्हरो मन्त्र विभीषन माना । लङ्केस्वर भए सब जग जाना	॥ १७ ॥
tumharo mantra Vibhīṣana mānā । Lañkesvara bhae saba jaga jānā	॥17॥
<i>Vibhīṣana heeded your advice. The entire world knows that he became the king of Lañkā.</i>	
जुग सहस्र जोजन पर भानू । लील्यो ताहि मधुर फल जानू	॥ १८ ॥
juga sahasra jojana para bhānū । līlyo tāhi madhura phala jānū	॥18॥
<i>You leaped easily at the Sun (who is) thousands of miles away thinking him to be a sweet fruit.</i>	
प्रभु मुद्रिका मेलि मुख माहीं । जलधि लाँघि गये अचरज नाहीं	॥१९ ॥
Prabhu mudrikā meli mukha māhīm । jaladhi lāṅghi gaye acaraja nāhīm	॥19॥
<i>Holding the Lord's (Rāma) ring in your mouth, you flew over (crossed) the ocean, which is no wonder (as you are capable of any achievement).</i>	
दुर्गम काज जगत के जेते । सुगम अनुग्रह तुम्हरे तेते	॥ २० ॥
durgama kāja jagata ke jetel sugama anugraha tumhare tete	॥20॥
<i>By your grace even the most difficult of tasks became easy to accomplish.</i>	
राम दुआरे तुम रखवारे । होत न आज्ञा बिनु पैसारे	॥ २१ ॥
Rāma duāre tuma rakhavāre । hota na ājñā binu paisāre	॥21॥
<i>You guard the door (entry) to Lord Rāma's place where none dare to enter (or go out) without your permission.</i>	

सब सुख लहै तुम्हारी सरना ।

तुम रच्छक काहू को डरना

॥ २२ ॥

saba sukha lahai tumhārī saranā ।

tuma racchaka kāhū ko ḍaranā

॥22॥

All those who seek refuge in you enjoy every kind of happiness. Why should one be afraid of anything when you are there to protect?

आपन तेज सम्हारो आपै ।

तीनों लोक हाँक ते काँपै

॥ २३ ॥

āpana teja samhāro āpai ।

tīnoṁ loka hāṅka te kāṁpai

॥23॥

You alone are capable of controlling your power. All the three worlds tremble when you roar.

भूत पिशाच निकट नहीं आवै ।

महाबीर जब नाम सुनावै

॥ २४ ॥

bhūta piśāca nikaṭa nahim āvai ।

Mahābīra jaba nāma sunāvai

॥24॥

Evil spirits dare not go near a person on hearing the name of great warrior (Śrī Hanumān) being repeated.

नासै रोग हरै सब पीरा ।

जपत निरन्तर हनुमत बीरा

॥ २५ ॥

nāsai roga harai saba pīrā ।

japata nirantara Hanumata bīrā

॥25॥

All the ailments, diseases and afflictions vanish when your name is repeated continuously.

सङ्कट ते हनुमान छुडावै ।

मन क्रम बचन ध्यान जो लावै

॥ २६ ॥

saṅkaṭa teṁ Hanumāna chuḍāvai ।

mana krama bacana dhyāna jo lāvai

॥26॥

Śrī Hanumān helps those who worship Him with sincerity and faith (by thought, action, speech and prayer) in overcoming difficulties.

सब पर राम तपस्वी राजा ।
तिनके काज सकल तुम साजा ॥ २७ ॥
saba para Rāma tapasvī rājā ।
tinake kāja sakala tuma sājā ॥27॥

*You carried out all the missions of Lord Rāma, who is the Supreme
Yogi ruling over everyone.*

और मनोरथ जो कोई लावै ।
सोइ अमित जीवन फल पावै ॥ २८ ॥
aura manoratha jo koī lāvai ।
soi amita jīvana phala pāvai ॥28॥

*You bless everyone who seeks your grace and grant him in large
measure all he wants and also grant him the complete fruit of life.*

चारों जुग परताप तुम्हारा ।
है परसिद्ध जगत उजियारा ॥ २९ ॥
cārom̐ juga paratāpa tumhārā ।
hai parasiddha jagata ujjiyārā ॥29॥

*Your glory radiates through all the four yugas and your fame shines
everywhere in the universe.*

साधु सन्त के तुम रखवारे ।
असुर निकन्दन राम दुलारे ॥ ३० ॥
sādhu santa ke tuma rakhavāre ।
asura nikandana Rāma dulāre ॥30॥

*You are the protector of the righteous and destroyer of the wicked. You
are very dear to Lord Rāma.*

अष्टसिद्धि नौ निधि के दाता ।
अस बर दीन जानकी माता ॥ ३१ ॥
aṣṭasiddhi nau nidhi ke dātā ।
asa bara dīna Jānakī mātā ॥31॥

*Jānaki mātā (Mother Sītā) bestowed on you the boon that you may
grant the eight siddhis (supernatural powers) and the nine forms of
wealth (on anyone you like).*

राम रसायन तुम्हरे पासा ।

सदा रहो रघुपति के दासा

॥ ३२ ॥

Rāma rasāyana tumhare pāsā ।

sadā raho Raghupati ke dāsā

॥32॥

The elixir of devotion to Lord Rāma is with you, who always stays at the feet of Lord Rāma as his servant. (with utmost humility).

तुम्हरे भजन राम को पावै ।

जनम जनम के दुख बिसरावै

॥ ३३ ॥

tumhare bhajana Rāma ko pāvai ।

janama janama ke dukha bisarāvai

॥33॥

Singing your praise makes Lord Rāma bless (that person) and makes one forget (relieved of) one's miseries of all (previous) births.

अन्त काल रघुबर पुर जाई ।

जहाँ जन्म हरिभक्त कहाई

॥ ३४ ॥

anta kāla Raghubara pura jāi ।

jahāñ janma Haribhakta kahāi

॥34॥

At the end of one's life, when one goes to the abode of Lord Rāma, such a person will be deemed as having been born as a devotee of Hari (Lord Rāma).

और देवता चित्त न धरई ।

हनुमत सेइ सर्व सुख करई

॥ ३५ ॥

aura devatā citta na dharaī ।

Hanumata sei sarba sukha karaī

॥35॥

Even though a devotee does not bring to his memory (worship) any other deity but Hanumān, he will surely enjoy all happiness.

सङ्कट कटै मिटै सब पीरा ।

जो सुमिरै हनुमत बलबीरा

॥ ३६ ॥

sañkaṭa kaṭai miṭai saba pīrā ।

jo sumirai Hanumata balabīrā

॥36॥

All miseries and torments vanish when one remembers the brave Hanumān.

जै जै जै हनुमान गोसाईं ।
कृपा करहु गुरुदेव की नाई ॥ ३७ ॥

jai jai jai Hanumāna gosāim̐ ।
kṛpā karahu Gurudeva kī nāim̐ ॥37॥

*Victory to You! Victory to You! Victory to You! O God Hanumānji!
Bless us with your grace as our preceptor.*

जो सत बार पाठ कर कोई ।
छूटहि बन्दि महा सुख होई ॥ ३८ ॥

jo sata bāra pāṭha kara koī ।
chūṭahi bandi mahā sukha hoī ॥38॥

*One who recites this (Hanumānacālīsā) a hundred times, is released
from bondage (the cycle of death and rebirth) and enjoys (absolute)
Bliss.*

जो यह पढ़ै हनुमान चलीसा ।
होय सिद्धि साखी गौरीसा ॥ ३९ ॥

jo yaha paḍhai Hanumāna Calīsā ।
hoya siddhi sākhī Gaurīsā ॥39॥

*One who recites this Hanumānacālīsā (regularly) will accomplish his
goals to which Lord Śiva is witness.*

तुलसीदास सदा हरि चेर ।
कीजै नाथ हृदय महुँ डेर ॥ ४० ॥

Tulasīdāsa sadā Hari cerā ।
kījai Nātha hṛdaya maham̐ ḍerā ॥40॥

*O Hanumānji, I (Tulasīdās) am always the servant of the Lord (Lord
Rāma) and pray that you make your (permanent) residence in my heart.*

दोहा (dohā)

पवनतनय सङ्कट हरन मङ्गल मूरति रूप ।
राम लखन सीता सहित हृदय बसहु सुर भूप ॥
Pavanatanaya saṅkaṭa harana maṅgala mūrati rūpa ।
Rāma Lakhana Sītā sahita hṛdaya basahu sura bhūpa ॥

O Son of wind, destroyer of all miseries! You are a symbol of auspiciousness. O King of Gods, reside in my heart along with Lord Rāma, Lakṣmaṇa and Mother Sītā!

सियावर रामचन्द्र की जय
पवनसुत हनुमान की जय
उमापति महादेव की जय
बोलो भाई सब सन्तन की जय जय जय ॥

Siyāvara Rāmacandra kī jaya

Pavanasuta Hanumāna kī jaya

Umāpati Mahādeva kī jaya

bolo bhāi saba santana kī jaya jaya jaya ॥

- श्री तुलसीदासकृत

- by Śrī Tulasīdāsa